

A Holiday Memorial

As we light these four candles in honor of you,
we light one for our grief,
one for our courage,
one for our memories and
one for our love.

This candle represents our grief.

The pain of losing you is intense.

It reminds us of the depth of our love for you.

This candle represents our courage -
to confront our sorrow
to comfort each other
to change our lives.

This light is in your memory
the times we laughed
the times we cried
the times we were angry with each other
the silly things you did
the caring and joy you gave us.

This light is the light of love.
As we enter this holiday season day by day
we cherish the special place in our hearts
that will always be reserved for you.
We thank you for the gift your living
brought to each of us.
We love you.

*"Best wishes to you during this holiday season.
Keep each holiday as a reminder
of all the things you shared
with the person you loved
who has died.*

The remembering is part of the healing."

Alan D. Wolfelt

Center for Loss and Life Transition