

Volunteer Facilitator

The Living Every Season (LES) program provides safe, confidential support in a social setting for adults living with a life-limiting illness. Through group sessions, participants become part of an empathetic community while gaining knowledge on a selection of topics related to living with a palliative diagnosis. Full program details can be found at LivingEverySeason.ca.

The group is led by the LES Volunteer Facilitator (facilitator). The facilitator will:

- Be supported by the LES Program Coordinator at all phases of launching the LES program
- Find and secure an accessible location for LES meetings
- Schedule LES Program Support Volunteers
- Manage the meeting schedule
- Recruit and secure guest speakers and entertainment from the community
- Lead the LES meetings
- Maintain a positive group environment
- Support participant needs
- Ensure safety for all participants
- Connect by phone with participants outside of the scheduled meeting time
- Be assisted by at least one program support volunteer

Can you answer “yes” to all these questions?

- Are you comfortable speaking in front of a group of people?
- Are you comfortable hearing about living with a terminal illness and its impacts?
- Can you maintain confidentiality?
- Are you aware of personal boundaries?
- Are you non-judgemental and empathetic?
- Can you listen without counseling or advising?
- Are you willing to ask for help if you have questions or concerns?

Other requirements:

- Good oral and written English skills
- Excellent organization and communication skills
- Over the age of 18
- A police reference check
- Two references
- Ability to attend training and orientation (via Zoom)
- Because of the training involved, we would like the facilitator to commit to one year with the program

Why should you volunteer?

- Know you are making a difference in the lives of Albertans who are living with a terminal illness

Time commitment

Time commitment will vary as the program evolves. Five to eight hours every program week.

If this looks like the position for you, contact **Iska Hollman at 403 304 5988** or ihollman@ahpca.ca to discuss further.

Thank you to AHPCA's community partner in St. Albert, the St. Albert Sturgeon Hospice Association!

