

Program Support Volunteer

The Living Every Season (LES) program provides safe, confidential support in a social setting for adults living with a life-limiting illness. Through group sessions, participants become part of an empathetic community while gaining knowledge on a selection of topics related to living with a palliative diagnosis. Full program details can be found at LivingEverySeason.ca.

The in-person group is led by the LES facilitator. The support volunteer will assist the LES facilitator with:

- Set-up and clean-up at the group session location
- Welcoming participants to the group session
- Serving refreshments
- Supporting participant needs
- Ensuring safety for all participants
- Maintaining a positive group environment
- Additional tasks as needed

Can you answer “yes” to all these questions?

- Are you comfortable hearing about living with a terminal illness and its impacts?
- Can you maintain confidentiality?
- Are you aware of personal boundaries?
- Are you non-judgemental and empathetic?
- Can you listen without counseling or advising?
- Are you willing to ask for help if you have questions or concerns?

Other requirements:

- Good oral and written English skills
- Over the age of 18
- A police reference check
- Two references
- Ability to attend training and orientation (via Zoom)
- Because of the training involved, we would like the support volunteer to commit to one year with the program

Why should you volunteer?

- Know you are making a difference in the lives of Albertans who are living with a terminal illness

Time commitment

Time commitment will vary as the program evolves. Three to five hours every two weeks to start.

If this looks like the position for you, contact **Iska Hollman** at **403 304 5988** or ihollman@ahpca.ca to discuss further.

Thank you to AHPCA's community partner in St. Albert, the St. Albert Sturgeon Hospice Association!

