

Program Support Volunteer (VIRTUAL)

The Living Every Season (LES) program provides safe, confidential support in a social setting for adults living with a life-limiting illness. Through virtual group sessions, participants become part of an empathetic community while gaining knowledge on a selection of topics related to living with a palliative diagnosis. Full program details can be found at LivingEverySeason.ca.

The virtual group is led by the LES coordinator on Zoom. The support volunteer will assist the LES coordinator with:

- Welcoming participants to the group session
- Helping with Zoom technical issues
- Connecting with participants who need help operating Zoom
- Maintaining a positive group environment
- Additional tasks as needed

Can you answer “yes” to all these questions?

- Are you comfortable using and trouble-shooting Zoom?
- Are you comfortable hearing about living with a terminal illness and its impacts?
- Can you maintain confidentiality?
- Are you aware of personal boundaries?
- Are you non-judgemental and empathetic?
- Are you willing to ask for help if you have questions or concerns?

Other requirements:

- Good oral and written English skills
- Over the age of 18
- A police reference check
- Two references
- Ability to attend training and orientation (via Zoom)
- Because of the training involved, we would like the support volunteer to commit to one year with the program

Why should you volunteer?

- Volunteer from home
- Know you are making a difference in the lives of Albertans who are living with a terminal illness

Time commitment

Each group session is about two hours in length. Time commitment will vary as the program evolves.

If this looks like the position for you, contact **Iska Hollman** at **403 304 5988** or [*ihollman@ahpca.ca*](mailto:ihollman@ahpca.ca) to discuss further.